



January 2026

Breakfast Menu

Week 1

Mon	Tue	Wed	Thu	Fri
			NEW YEAR'S DAY!!!	



Week 2

5 Cereal Applesauce 1% Low Fat Milk	6 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	7 French Toast Sticks Strawberries 1% Low Fat Milk	8 Fresh Mini Croissants Bananas 1% Low Fat Milk	9 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
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Week 3

12 Cereal Applesauce 1% Low Fat Milk	13 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	14 French Toast Sticks Strawberries 1% Low Fat Milk	15 Fresh Mini Croissants Bananas 1% Low Fat Milk	16 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
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Week 4

MLK JR. DAY	20 Cereal Applesauce 1% Low Fat Milk	21 French Toast Sticks Strawberries 1% Low Fat Milk	22 Fresh Mini Croissants Bananas 1% Low Fat Milk	23 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
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Week 5

26 Cereal Applesauce 1% Low Fat Milk	27 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	28 French Toast Sticks Strawberries 1% Low Fat Milk	29 Fresh Mini Croissants Bananas 1% Low Fat Milk	30 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
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MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS *ANY MILK SUBSTITUTIONS REQUIRE A DOCTOR'S NOTE (I.E. ALMOND, OAT, ETC.)*

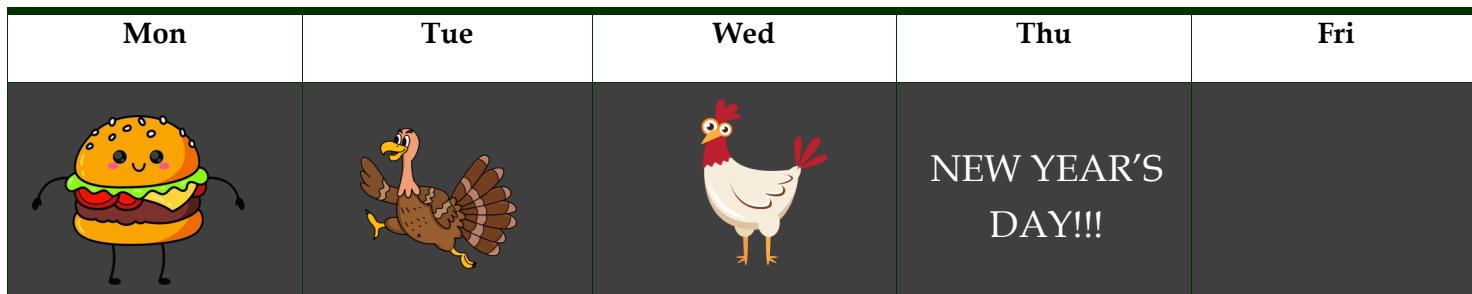
VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY



January 2026

Lunch Menu

Week 1



Week 2

5 Mac & Cheese Broccoli/Mixed Fruit Cup 1% Low Fat Milk	6 Chicken Tenders French Fries Salad 1% Low Fat Milk	7 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk	8 Chili w/Ground Turkey/Wheat Roll Mixed Salad 1% Low Fat Milk	9 Fresh Cheese Pizza Mixed Salad Pineapples 1% Low Fat Milk
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Week 3

12 Chicken Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	13 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	14 Rice & Pigeon Peas/ Baked Chicken/ Plantains/Mixed Salad 1% Low Fat Milk	15 Crispy Baked Fish w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	16 Spaghetti w/ Ground Turkey/Mixed Salad/ Pineapples 1% Low Fat Milk
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Week 4

MLK JR . DAY	20 Mac & Cheese Broccoli/Mixed Fruit Cup 1% Low Fat Milk	21 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk	22 Chicken Tenders French Fries Salad 1% Low Fat Milk	23 Fresh Cheese Pizza Mixed Salad Pineapples 1% Low Fat Milk
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Week 5

26 Chicken Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	27 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	28 Rice & Pigeon Peas/ Baked Chicken/ Plantains/Mixed Salad 1% Low Fat Milk	29 Crispy Baked Fish w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	30 Spaghetti w/ Ground Turkey/Mixed Salad/ Pineapples 1% Low Fat Milk
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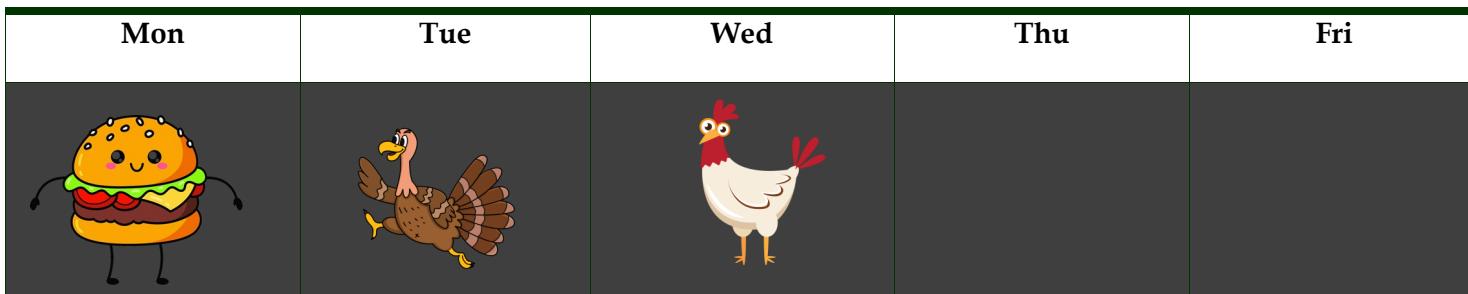
VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY



January 2026

Vegetarian Lunch Menu

Week 1



Week 2

5 Elbow Pasta in Spaghetti Sauce/Broccoli/ Mixed Fruit Cup 1% Low Fat Milk	6 Tofu Tenders French Fries Salad 1% Low Fat Milk	7 Veggie Jamaican Patties/Whole Wheat Roll/Salad & Pears 1% Low Fat Milk	8 Chili w/Ground Tofu/ Wheat Roll Mixed Salad 1% Low Fat Milk	9 Veggie Jamaican Patties/Mixed Salad Pineapples 1% Low Fat Milk
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Week 3

12 Tofu Patty w/ Wheat Bun/Lettuce/Tomato/Cheese/Applesauce 1% Low Fat Milk	13 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	14 Rice & Pigeon Peas/Baked Tofu/Plantains/ Mixed Salad 1% Low Fat Milk	15 Crispy Baked Tofu w/Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	16 Spaghetti w/ Ground Tofu/Mixed Salad/ Pineapples 1% Low Fat Milk
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Week 4

MLK JR. DAY!!!	20 Elbow Pasta in Spaghetti Sauce/Broccoli/Mixed Fruit Cup 1% Low Fat Milk	21 Veggie Jamaican Patties/Whole Wheat Roll Salad & Pears 1% Low Fat Milk	22 Tofu Tenders French Fries Salad 1% Low Fat Milk	23 Veggie Jamaican Patties/Mixed Salad Pineapples 1% Low Fat Milk
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Week 5

26 Tofu Patty w/ Wheat Bun/Lettuce/Tomato/Cheese/Applesauce 1% Low Fat Milk	27 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	28 Rice & Pigeon Peas/Baked Tofu/Plantains/ Mixed Salad 1% Low Fat Milk	29 Crispy Baked Tofu w/Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	30 Spaghetti w/ Ground Tofu/Mixed Salad/ Pineapples 1% Low Fat Milk
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VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY



January 2026

Snack Menu

Week 1

Mon	Tue	Wed	Thu	Fri
			NEW YEAR'S DAY!!!	



Week 2

5	Whole Grain Cheez-Its Oranges	6	Yogurt Strawberries	7	Mini Blueberry Muffins 100% Apple Juice	8	Goldfish Crackers Pineapples	9
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Week 3

12	Whole Grain Cheez-Its Oranges	13	Yogurt Strawberries	14	Mini Blueberry Muffins 100% Apple Juice	15	Goldfish Crackers Pineapples	16
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Week 4

MLK JR. DAY!!!	Whole Grain Cheez-Its Oranges	20	Yogurt Strawberries	21	Mini Blueberry Muffins 100% Apple Juice	22	Goldfish Crackers Pineapples	23
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Week 5

26	Whole Grain Cheez-Its Oranges	27	Yogurt Strawberries	28	Mini Blueberry Muffins 100% Apple Juice	29	Goldfish Crackers Pineapples	30
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**Note: When 100% Juice is served, students six years old and above receive the juice and fruit listed.