



# January 2026 Breakfast Menu



	Mon	Tue	Wed	Thu	Fri
Week 1				NEW YEAR'S DAY!!!	
Week 2	5 Cereal Applesauce 1% Low Fat Milk	6 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	7 French Toast Sticks Strawberries 1% Low Fat Milk	8 Fresh Mini Croissants Bananas 1% Low Fat Milk	9 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
Week 3	12 Cereal Applesauce 1% Low Fat Milk	13 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	14 French Toast Sticks Strawberries 1% Low Fat Milk	15 Fresh Mini Croissants Bananas 1% Low Fat Milk	16 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
Week 4	MLK JR. DAY	20 Cereal Applesauce 1% Low Fat Milk	21 French Toast Sticks Strawberries 1% Low Fat Milk	22 Fresh Mini Croissants Bananas 1% Low Fat Milk	23 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk
Week 5	26 Cereal Applesauce 1% Low Fat Milk	27 Mini Whole Wheat Bagels Oranges 1% Low Fat Milk	28 French Toast Sticks Strawberries 1% Low Fat Milk	29 Fresh Mini Croissants Bananas 1% Low Fat Milk	30 Baked Turkey Bacon/ Veggie Sausages Hashbrowns Oranges 1% Low Fat Milk

\*MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS\* \*ANY MILK SUBSTITUTIONS REQUIRE A DOCTOR'S NOTE (I.E. AL-  
MOND, OAT, ETC.)\*

\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\*





# January 2026 Lunch Menu



	Mon	Tue	Wed	Thu	Fri
<b>Week 1</b>				<b>NEW YEAR'S DAY!!!</b>	
<b>Week 2</b>	5 Mac & Cheese Broccoli/Mixed Fruit Cup 1% Low Fat Milk	6 Chicken Tenders French Fries Salad 1% Low Fat Milk	7 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk	8 Chili w/Ground Tur- key/Wheat Roll Mixed Salad 1% Low Fat Milk	9 Fresh Cheese Pizza Mixed Salad Pineapples 1% Low Fat Milk
<b>Week 3</b>	12 Chicken Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	13 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	14 Rice & Pidgeon Peas/ Baked Chicken/ Plantains/Mixed Salad 1% Low Fat Milk	15 Crispy Baked Fish w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	16 Spaghetti w/ Ground Turkey/Mixed Salad/ Pineapples 1% Low Fat Milk
<b>Week 4</b>	MLK JR . DAY	20 Mac & Cheese Broccoli/Mixed Fruit Cup 1% Low Fat Milk	21 Jamaican Patties Whole Wheat Roll Salad & Pears 1% Low Fat Milk	22 Chicken Tenders French Fries Salad 1% Low Fat Milk	23 Fresh Cheese Pizza Mixed Salad Pineapples 1% Low Fat Milk
<b>Week 5</b>	26 Chicken Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	27 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	28 Rice & Pidgeon Peas/ Baked Chicken/ Plantains/Mixed Salad 1% Low Fat Milk	29 Crispy Baked Fish w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	30 Spaghetti w/ Ground Turkey/Mixed Salad/ Pineapples 1% Low Fat Milk

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MOND, OAT, ETC.)\***


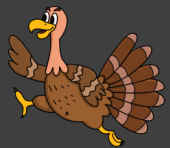

**\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\***





# January 2026 Vegetarian Lunch Menu



	Mon	Tue	Wed	Thu	Fri
<b>Week 1</b>					
<b>Week 2</b>	5 Elbow Pasta in Spaghetti Sauce/Broccoli/ Mixed Fruit Cup 1% Low Fat Milk	6 Tofu Tenders French Fries Salad 1% Low Fat Milk	7 Veggie Jamaican Patties/Whole Wheat Roll/Salad & Pears 1% Low Fat Milk	8 Chili w/Ground Tofu/ Wheat Roll Mixed Salad 1% Low Fat Milk	9 Veggie Jamaican Patties/Mixed Salad Pineapples 1% Low Fat Milk
<b>Week 3</b>	12 Tofu Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	13 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	14 Rice & Pidgeon Peas/ Baked Tofu/Plantains/ Mixed Salad 1% Low Fat Milk	15 Crispy Baked Tofu w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	16 Spaghetti w/ Ground Tofu/Mixed Salad/ Pineapples 1% Low Fat Milk
<b>Week 4</b>	MLK JR. DAY!!!	20 Elbow Pasta in Spaghetti Sauce/Broccoli/Mixed Fruit Cup 1% Low Fat Milk	21 Veggie Jamaican Patties/Whole Wheat Roll Salad & Pears 1% Low Fat Milk	22 Tofu Tenders French Fries Salad 1% Low Fat Milk	23 Veggie Jamaican Patties/Mixed Salad Pineapples 1% Low Fat Milk
<b>Week 5</b>	26 Tofu Patty w/ Wheat Bun/Lettuce/Tomato/ Cheese/Applesauce 1% Low Fat Milk	27 Pea Soup w/Wheat Roll Mixed Salad 1% Low Fat Milk	28 Rice & Pidgeon Peas/ Baked Tofu/Plantains/ Mixed Salad 1% Low Fat Milk	29 Crispy Baked Tofu w/ Wheat Festival Baby Carrots Honeydew 1% Low Fat Milk	30 Spaghetti w/ Ground Tofu/Mixed Salad/ Pineapples 1% Low Fat Milk






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\*VEGETARIAN ENTRÉE SUBSTITUTES ARE AVAILABLE DAILY\*



# January 2026 Snack Menu

Week 1

Mon	Tue	Wed	Thu	Fri
			NEW YEAR'S DAY!!!	



Week 2

5 Animal Crackers Mixed Fruit Cup	6 Whole Grain Cheez-Its Oranges	7 Yogurt Strawberries	8 Mini Blueberry Muffins 100% Apple Juice	9 Goldfish Crackers Pineapples
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Week 3

12 Animal Crackers Mixed Fruit Cup	13 Whole Grain Cheez-Its Oranges	14 Yogurt Strawberries	15 Mini Blueberry Muffins 100% Apple Juice	16 Goldfish Crackers Pineapples
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Week 4

MLK JR. DAY!!!	20 Whole Grain Cheez-Its Oranges	21 Yogurt Strawberries	22 Mini Blueberry Muffins 100% Apple Juice	23 Goldfish Crackers Pineapples
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Week 5

26 Animal Crackers Mixed Fruit Cup	27 Whole Grain Cheez-Its Oranges	28 Yogurt Strawberries	29 Mini Blueberry Muffins 100% Apple Juice	30 Goldfish Crackers Pineapples
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**\*Note: When 100% Juice is served, students six years old and above receive the juice and fruit listed.**